

Fun Frozen Falls Day Trip

This is a frozen waterfall trip for the Buffalo and Niagara region of New York. This can be accomplished in a day. It is best that there has been a significant cold snap. Since it is winter, access to the locations may not be open for various reasons. Other destinations are included so the trip is filled with activity.

Legend: T - Time to destination. D - Distance to destination.
A- Arrival time. S - Stay at this destination for this long.
L- Leave destination.

Cave of Winds

Opens at 9:00 AM. Paid parking nearby. \$14 entry fee. See the American Falls from a boardwalk that is near the base. Check out Horseshoe Falls and the rapids as well.

A: plan your arrival for 9:00 or earlier. S: 2:00 L: 11:00

Paula's Donut

Quality donuts at reasonable prices. Have the apple fritter; it is basically an apple pie wrapped in a donut.

T: 30 D: 30 KM A: 11:30 S: 20 L: 11:50

Glen Falls

A city park with a classic waterfall. Easy access with ample parking.

T: 15 D: 15 KM A: 12:10 S: 20 L: 12:30

Cazenovia Park

A city park with a minor waterfall. it is a short walk from the parking lot.

T: 20 D: 18 KM A: 12:50 S: 20 L: 1:10

Buttermilk Falls

Quite possibly the most common name for falls. Parking is limited. Walk a short distance across the bridge and around the bend.

T: 30 D: 24 KM A: 1:40 S: 40 L: 2:20

Eternal Flame Falls

The only of its kind: a natural gas leak that is aflame in a waterfall. Ample parking. Rather long walk down a slope, then double back walking along and in the river. It is worth seeing this unique waterfall.

T: 22 D: 20 KM A: 2:40 S: 1:20 L: 4:00

BE MINDFUL OF SUNSET SOON. Do not be caught in the dark.

West Falls

Simple falls that are viewable from the road.

T: 10 D: 6 KM A: 4:10 S: 10 L: 4: 20

Emery Park

Four waterfalls in this park. Be mindful of the time and light conditions.

T: 10 D: 11 KM A: 4:30 S: 1:00 L: 5:30

Google Map of these locations and suggests showing other places to visit: <https://www.google.com/maps/d/u/0/edit?mid=1Tgawhvw5-nUBhzUMy1ytjStSK4uR3Ww&usp=sharing>

Be sure to wear very good winter boots. Many of these falls are in natural settings and snow may hide rocks and holes. I wear crampons which add to the safety and enjoyment of exploring in the winter.

Sunset can come quickly and being stuck in the woods at dusk is not fun. Make sure there is adequate time for your adventure.

Check out TravelsWithStacey.com for other places to visit.